



Antelope High School Student Bulletin



October 01, 2015

Quote of the day: "You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I lived through this horror. I can take the next thing that comes along.'"

Eleanor Roosevelt

SPIRIT COUNT

Student Spirit count

Seniors 29%

Juniors 21%

Sophomores 15%

Freshmen 23%

Teacher spirit count

Team Red 50%

Team Black 50%

ATTENTION ALL ADVANCED PLACEMENT STUDENTS!

Starting Friday, October 9th, you may sign up for your AP Course exam that will be given in May. The testing schedule is on the web site and posted in the window of the Assistant Principal's office.

To order the proper number of tests from the College Board it will be necessary for you to sign up as soon as possible. The cost is \$92 for each exam taken.

Students that qualify for free and reduced lunch may apply for a student fee reduction, but a form must be filled out and submitted for approval. Forms may be picked up from Mrs. Odd in the Assistant Principals' office, and returned there as well for approval.

The deadline to sign up for all exams including having your fee reduction forms turned in is Monday, March 28th – NO EXCEPTIONS.

If you have questions, please see Mr. Smith in the Assistant Principals' office or call 916-726-1400 ext. 6060.

2016 AP Tests -Dates, Testing Locations & Times

AP TEST DATES

May 2 - Environmental Science - Cafeteria – 8:00 AM

May 2 - Chemistry - Library – 8:00 AM

May 2 – Psychology - Library – 12 PM

May 3 – Computer Science – Front Conference Room - 8:00 AM

May 3 – Spanish Language – L111 - 8:00 AM

May 3 – Physics C – Front Conference Room 12:00 PM

May 4 - English Literature & Comp - Cafeteria - 8:00 AM

May 5 - Calc AB & BC - Library - 8:00 AM

May 6 - US History - Cafeteria - 8:00 AM

May 6 - European History - Cafeteria - 12:00 PM

May 9 - Biology - Library - 8:00 AM

May 10 - US Government - Cafeteria - 8:00 AM

May 11 – Lang & Comp - Cafeteria - 8:00 AM

May 12 - Statistics - Cafeteria – 12 PM

SCHOOLS INSTAGRAM ACCOUNT

Check out our schools Instagram for highlights from Homecoming week. Use #antelopespirit or tag @antelopehighschool for a feature!

LUNCHTIME ACTIVITIES

Lunchtime Activities will be held during both lunches every day this week on the stage in the cafeteria, in the grass, or in the amphitheater. Come out and participate to earn points towards the rally for your class!

HOMECOMING WEEK

Homecoming theme is "A Tim Burton Homecoming."

Make sure to dress up for spirit days:

Friday is class colors: freshmen wear white, sophomores wear gray, juniors wear black, and seniors wear red.

Make sure to bring your ID and get counted in the quad during lunch. Also keep an eye out for student gov members walking around in orange vests counting spirit every morning at the front gates

ASVAB

The ASVAB will be offered on Monday, October 5th after school! If you are considering joining the Military or are interested in taking a Career Aptitude Test, sign up for the ASVAB. If you already signed up, please be aware that the date changed from Monday, October 12th to the 5th. If you are unable to take this due to sports practice or another conflict, you can sign up for the October 21st ASVAB, which will be offered during 1st and 2nd period.

SENIORS INTERESTED IN LEWIS & CLARK!

A rep from the school will be in the area the weekend of October 17 and 18. Any interested seniors should sign up for an interview – it is a good opportunity to meet with an admissions counselor, discuss your interest in Lewis & Clark, and talk about any questions you might have about the college or the application process. To set up an interview, call their office at 800-444-4111 or 503-768-7040. See Ms. Goudy if you have any questions!

SCHOLARSHIP OPPORTUNITY!

If you plan to be Journalism, Political Science, or Governmental Studies major, check out this scholarship on anhscandcenter.wordpress.com or see Ms. Goudy for details! Due by Wednesday, September 30th!

AP COMPUTER SCIENCE AT ANTELOPE HIGH

Earn college credit in Computer Science! Learn Java!

Our school is offering the AP Computer Science course **to any student that wishes to sign up**. The course is open now and closes May 3, 2016. Students can sign up anytime between now and January 10, 2016 and still complete the course and take the AP test. This is an online course and students who successfully complete the course have an excellent chance of passing the AP Exam!

It is highly recommended that students have at least two high school math classes completed prior to taking this AP class. **For more information, contact Mr. Stinson.**

TECH TEENS

High school students have the opportunity to participate in an exciting new program. If you have interest in technology, CSI, 911 dispatch, SWAT tools and tactics and a lot more head over and get connected. It will be held every Wednesday October 7th – November 11th at 110 Corporation Yard Road, Roseville, CA. Call and sign up at 916-772-7725. Only 28 slots open so don't wait.

HOMECOMING DANCE

Attention Titans! Tickets to the Mad Hatter Tea Party Homecoming Dance will be going on sale soon and will be sold at Student Services and in the Student Store during both lunches. Homecoming is Friday, October 2nd from 9-11 pm in the cafeteria. Ticket sales are as follows:

9/28-10/1 \$7 with ASB and \$10 without

Tickets will not be sold during school, Friday, October 2nd
\$10 at the door Friday October 2

Ticket and School ID must be present at dance check-in

ANTELOPE LEARNING LAB

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

SENIORS: SCHEDULE YOUR SENIOR PORTRAIT ASAP

Attention Seniors of 2016! Make sure you take your senior portraits at Prestige Portraits studio in either Elk Grove or Citrus Heights by Oct. 1. Failure to do so may result in your senior portrait not appearing in the yearbook. So don't hesitate and visit their website at www.prestigeportraits.com to book an appointment! Do it today. Do it now. Right now.



Home of the Titans



Weekly Athletic Schedule Fall 2015-16 September 28 to October 3

| DATE | DAY | GAME TIME | OPPONENT | LOCATION | RELEASE TIME | BUS TIME | SPORT | LEVEL |
|---------------|------------|----------------|-----------------------|-----------------------|----------------|----------|----------------------|-------------|
| Sep 28 | Mon | 5:30 PM | Bella Vista | Bella Vista | N/A | TBA | Soccer | JV |
| Sep 28 | Mon | 4:00 PM | Bella Vista | Bella Vista | 2:00 PM | | Soccer | VAR |
| Sep 29 | Tues | 4:00 PM | Bella Vista | Antelope | 2:20pm | | Polo-Boys | VAR |
| Sep 29 | Tues | 5:00pm | Bella Vista | Antelope | 2:20pm | | Polo-Girls | VAR |
| Sep 29 | Tue | 3:30 PM | Whitney | Antelope | 2:20 PM | | Tennis- Girls | Both |
| Sep 29 | Tues | 4:00 PM | Del Campo | Del Campo | n/a | n/a | Volleyball-Girls | Frosh |
| Sep 29 | Tues | 5:00 PM | Del Campo | Del Campo | n/a | n/a | Volleyball-Girls | JV |
| Sep 29 | Tues | 6:00 PM | Del Campo | Del Campo | n/a | n/a | Volleyball-Girls | VAR |
| Sep 30 | Wed | 3:30 PM | Bella Vista | Bella Vista | 2:00 PM | | Tennis- Girls | Both |
| Sep 30 | Wedn | 4:00 PM | CVC League Meet #1 | Roseville- Maidu Park | 2:15 PM | 2:30 PM | Cross Country | VAR |
| Sep 30 | Wed | 5:30 PM | Whitney | Antelope | N/A | TBA | Soccer | JV |
| Sep 30 | Wed | 4:00 PM | Whitney | Antelope | | | Soccer | VAR |
| Oct 1 | Thur | 5:30 PM | Oakmont | Antelope | N/A | N/A | Football | Frosh |
| Oct 1 | Thurs | 5:00 PM | Whitney | Whitney | 2:20pm | | Polo-Boys | VAR |
| Oct 1 | Thurs | 4:00pm | Whitney | Whitney | 2:20pm | | Polo-Girls | VAR |
| Oct 1 | Thu | 3:30 PM | Ponderosa | Antelope | 2:20 PM | | Tennis- Girls | Both |
| Oct 1 | Thurs | 4:00 PM | Bella Vista | Bella Vista | n/a | n/a | Volleyball-Girls | Frosh |
| Oct 1 | Thurs | 5:00 PM | Bella Vista | Bella Vista | n/a | n/a | Volleyball-Girls | JV |
| Oct 1 | Thurs | 6:00 PM | Bella Vista | Bella Vista | n/a | n/a | Volleyball-Girls | VAR |
| Oct 2 | Fri | 7:15 PM | Oakmont | Antelope | NA | | Football | VAR |
| Oct 2 | Fri | 5:00 PM | Oakmont | Antelope | NA | | Football | JV |
| Oct 3 | Sat | 9:30 PM | Wildfire Invitational | Forresthill HS | NA | 7:00 AM | Cross Country | VAR |