



## *Antelope High School Student Bulletin*



*October 30, 2015*

*Quote of the day:* “There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age.”

Sophia Loren

### **ROCKS**

Interested in playing rocks? Pick up a sign up sheet starting Friday, October 30th in the student store or at the front office with Mrs. Hardy. Packets are due November 9th with each team’s full payment. Any questions please contact Russell Steinardt at 916-495-8427.

### **KINDNESS**

Attention Titans, there will be a table next to the student store today during 2nd lunch for people to write kind notes to each other! Go out and give a compliment #ahskindnessweek

### **SPORTS PICTURES**

Pictures are in for girls’ volleyball and cheer. Come to the front office to pick them up.

### **LIBRARY**

We know the library is a happening spot, but on Monday’s we will have to limit it to quiet study. Only come if you are using the computers or working on school work. Thanks so much!!!

### **SENIOR ADS**

Hey seniors, just a reminder that Senior Ads in the yearbook are still on sale! Remind your parents and make sure yours is purchased before Nov. 2nd. Thank You.

### **SENIOR QUOTES**

The FINAL, FINAL, FINAL date to turn in your senior quotes is Nov. 3rd. Make sure you turn yours in if you want your quote to appear in the yearbook.

## **PINK GAME**

Tonight is pink out game with Bella Vista at the varsity football game. Please wear pink to the game and spread the word as we'll be having a few friendly competitions for a great cause. Which side wears the most pink? Who collects the most donations!

## **CARNIVAL AND HAUNTED HOUSE**

Tomorrow, on Halloween come enjoy a fun carnival, a scary haunted house and a special performance by some cheer, dance, student gov and football players in a remake of Thriller! This Saturday from 12-3pm!

## **CANNED FOOD DRIVE**

The KCRA3 Canned Food Drive will be held from October 23rd through November 13th. Boxes will be placed in 1st period classes and all non-perishable food items will be accepted. The class that brings in the most non-perishable food items will win a doughnut party. A separate competition will be held on Thursday, November 19th which will be called "Can Castles" in which all clubs will be entered to build a "castle" out of donated cans that the club will bring in. The building will take place during intervention, and the judging will take place during lunch. The winning club will be granted a pizza party. Make sure to support for a good cause!

## **HEY SENIORS:**

Counselors will be in the career center and computer lab L111 during Intervention every Tuesday and Thursday – starting Thursday, October 27th through November 19<sup>th</sup>. Come in, grab a computer, and complete your college applications. Remember: We *highly* recommend a counselor looks at your application *before* you hit submit!

## **STUDENT STORE**

Attention Titans! Just a reminder that the Student Store is open every Monday, Wednesday, and Friday during both lunches. Keep an eye out for new apparel coming soon!

## **AP COMPUTER SCIENCE AT ANTELOPE HIGH**

**Earn college credit in Computer Science! Learn Java!**

Our school is offering the AP Computer Science course **to any student that wishes to sign up**. The course is open now and closes May 3, 2016. Students can sign up anytime between now and January 10, 2016 and still complete the course and take the AP test. This is an online course and students who successfully complete the course have an excellent chance of passing the AP Exam!

It is highly recommended that students have at least two high school math classes completed prior to taking this AP class. **For more information, contact Mr. Stinson.**

## **ANTELOPE LEARNING LAB**

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

## **ATTENTION ALL ADVANCED PLACEMENT STUDENTS!**

You may sign up for your AP Course exam that will be given in May. The testing schedule is on the web site and posted in the window of the Assistant Principal's office.

To order the proper number of tests from the College Board it will be necessary for you to sign up as soon as possible. The cost is \$92 for each exam taken.

Students that qualify for free and reduced lunch may apply for a student fee reduction, but a form must be filled out and submitted for approval. Forms may be picked up from Mrs. Odd in the Assistant Principals' office, and returned there as well for approval.

The deadline to sign up for all exams including having your fee reduction forms turned in is Monday, March 28th – NO EXCEPTIONS.

If you have questions, please see Mr. Smith in the Assistant Principals' office or call 916-726-1400 ext. 6060.

## **AP TEST DATES**

May 2 - Environmental Science - Cafeteria – 8:00 AM

May 2 - Chemistry - Library – 8:00 AM

May 2 – Psychology - Library – 12 PM

May 3 – Computer Science – Front Conference Room - 8:00 AM

May 3 – Spanish Language – L111 - 8:00 AM

May 3 – Physics 1 – Library - 12:00 PM

May 4 - English Literature & Comp - Cafeteria - 8:00 AM

May 5 - Calc AB & BC - Library - 8:00 AM

May 6 - US History - Cafeteria - 8:00 AM

May 6 - European History - Cafeteria - 12:00 PM

May 9 - Biology - Library - 8:00 AM

May 10 - US Government - Cafeteria - 8:00 AM

May 11 – Lang & Comp - Cafeteria - 8:00 AM

May 12 - Statistics - Cafeteria – 12 PM

May 13 – Human Geography – Library- 8:00 AM



# ATHLETIC DEPARTMENT

Home of the Titans



## Weekly Athletic Schedule Fall 2015-16 October 26 to October 31

| DATE   | DAY  | GAME TIME | OPPONENT           | LOCATION              | RELEASE TIME | BUS TIME | SPORT            | LEVEL |
|--------|------|-----------|--------------------|-----------------------|--------------|----------|------------------|-------|
| Oct 26 | Mon  | 5:30 PM   | Whitney            | Whitney               | N/A          | TBA      | Soccer           | JV    |
| Oct 26 | Mon  | 4:00 PM   | Whitney            | Whitney               | 2:00 PM      |          | Soccer           | VAR   |
| Oct 26 | Mon  | 4:00 PM   | Inderkum           | Inderkum              | n/a          | n/a      | Volleyball-Girls | Frosh |
| Oct 26 | MON  | 5:00 PM   | Inderkum           | Inderkum              | n/a          | n/a      | Volleyball-Girls | JV    |
| Oct 26 | Mon  | 6:00 PM   | Inderkum           | Inderkum              | n/a          | n/a      | Volleyball-Girls | VAR   |
| Oct 27 | Tues | 4:00 PM   | Bella Vista        | Antelope              | n/a          | n/a      | Volleyball-Girls | Frosh |
| Oct 27 | Tues | 5:00 PM   | Bella Vista        | Antelope              | n/a          | n/a      | Volleyball-Girls | JV    |
| Oct 27 | Tues | 6:00 PM   | Bella Vista        | Antelope              | n/a          | n/a      | Volleyball-Girls | VAR   |
| Oct 29 | Thur | 5:30 PM   | Bella Vista        | Bella Vista           | N/A          | 3:45 PM  | Football         | Frosh |
| Oct 29 | Tues | 4:00 PM   | Whitney            | Whitney               | n/a          | n/a      | Volleyball-Girls | Frosh |
| Oct 29 | Tues | 5:00 PM   | Whitney            | Whitney               | n/a          | n/a      | Volleyball-Girls | JV    |
| Oct 29 | Tues | 6:00PM    | Whitney            | Whitney               | n/a          | n/a      | Volleyball-Girls | VAR   |
| Oct 30 | Wedn | 4:00 PM   | CVC League Meet #2 | Roseville- Maidu Park | 2:15 PM      | 2:30 AM  | Cross Country    | VAR   |
| Oct 30 | Fri  | 7:15 PM   | Bella Vista        | Bella Vista           | NA           | 4:45 AM  | Football         | VAR   |
| Oct 30 | Fri  | 5:00 PM   | Bella Vista        | Bella Vista           | NA           | 3:15 AM  | Football         | JV    |

# C & C Center Update

**WEEK OF: OCTOBER 19 - OCTOBER 23**

|    |   |
|----|---|
| M  | <p style="text-align: right; color: red; font-weight: bold;">HOURS: 9:00 AM - 4:30 PM 19</p> <p><b>ONDAY NEWS:</b> SIGN UP FOR THE COLLEGE &amp; CAREER CENTER BLOG FOR UPDATES ON TESTING, SCHOLARSHIPS, DEADLINES AND MORE!</p>                                 |
| T  | <p style="text-align: right; color: red; font-weight: bold;">HOURS: 8:30 AM - 4:30 PM 20</p> <p><b>TUESDAY NEWS:</b> AIR FORCE IN QUAD AT LUNCH! PSAT TOMORROW. C &amp; C CENTER OPEN DURING INTERVENTION TUESDAYS AND THURSDAYS TO HELP WITH COLLEGE APPS!</p>   |
| W  | <p style="text-align: right; color: red; font-weight: bold;">HOURS: NOON - 4:30 PM 21</p> <p><b>EDNESDAY NEWS:</b> PSAT TODAY! ALL SOPHOMORES AND FRESHMEN AND JUNIORS WHO SIGNED UP WILL BE TESTING FROM 7:45-11:45! C &amp; C CENTER CLOSED UNTIL NOON.</p>     |
| TH | <p style="text-align: right; color: red; font-weight: bold;">HOURS: 8:30 AM - 4:30 PM 22</p> <p><b>URSDAY NEWS:</b> ARMY PRESENTATION ON FRIDAY AT INTERVENTION. SIGN UP IN THE COLLEGE &amp; CAREER CENTER! C &amp; C CENTER OPEN TO HELP WITH COLLEGE APPS!</p> |
| F  | <p style="text-align: right; color: red; font-weight: bold;">HOURS: 8:30 AM - 4:30 PM 23</p> <p><b>INALLY FRIDAY NEWS!</b> NEXT WEEK: TUES - MARINES AT LUNCH, TUES/THURS. - COLLEGE APP HELP DURING INTERVENTION, FRI - DEC. ACT REGISTRATION DEADLINE!</p>      |