



Antelope High School Student Bulletin



September 29, 2015

Quote of the day: "I don't need a friend who changes when I change and who nods when I nod; my shadow does that much better."

Plutarch

SPIRIT COUNT

NAME THAT TUNE

SENIORS 2

JUNIORS 1

SOPHOMORE 0

FRESHMEN 2

TEAM RED 0

TEAM BLACK 1

Student Spirit count

Seniors 25%

Juniors 12%

Sophomores 12%

Freshmen 15%

Teacher spirit count

Team Red 60%

Team Black 65%

BICYCLES, SKATEBOARDS AND SCOOTERS:

Bicycles, skateboards and scooters are not allowed to be rode while on school campus. If students are caught riding on these, there will be administrative consequences. Also, please ride your bike, skateboard or scooter responsibly while approaching campus, especially in the back parking lot. Over the past two weeks, we have had many close calls because students are riding their bikes or skateboards recklessly and not paying attention. If you are wearing earbuds while riding these, it makes it even worse because then you are totally tuned out to your surroundings. So, please be more careful as you approach our campus because we want all of our students and staff members to be safe. Thank you! Antelope Administration.

QUESTION OF THE WEEK

Congratulations to Dominique Nguyen on winning a \$5 Starbucks card for answering the Question of the Week correctly last week! Dominique, you can collect your prize with Mrs. Hardy at the front desk.

How do you answer? Log in to your Naviance account on www.connection.naviance.com/antelopehs, click on the About Me tab, and select the Question of the Week link under Surveys on the left side of the page! Must be submitted by Friday at midnight to qualify. Winner will be announced in the bulletin next week!

Didn't get a chance to enter last week? Here's the new question of the week! **What date will the ASVAB be offered?**

LUNCHTIME ACTIVITIES

Lunchtime Activities will be held during both lunches every day this week on the stage in the cafeteria, in the grass, or in the amphitheater. Come out and participate to earn points towards the rally for your class!

POWDER PUFF

Powder puff is [Today, September 29th at 7pm](#) in the stadium. Come to see your classmates battle it out for the title and watch the talented powder puff cheerleaders perform! Tickets are \$3 with ASB and \$5 without. The class with the most attendance will gain spirit points towards the rally.

NIGHT RALLY

Next week on Wednesday, September 30th is the annual Night Rally in the amphitheater at 8pm. The theme is Titans in Wonderland. Come see class performs skits with their backdrops and many other special performances. The parlor will be there and there will be hot dogs sold, so bring money for food! Make sure to dress up in your PJ's to get counted for spirit points to go towards your class for the rally. Friends and family are welcome to attend as well!

HOMECOMING WEEK

Homecoming theme is "A Tim Burton Homecoming."

Make sure to dress up for spirit days:

Wednesday is PJ Pant day, come to school in your favorite pajamas.

Thursday is Holiday day, dress up in clothing related to your favorite holiday.

Friday is class colors: freshmen wear white, sophomores wear gray, juniors wear black, and seniors wear red.

Make sure to bring your ID and get counted in the quad during lunch. Also keep an eye out for student gov members walking around in orange vests counting spirit every morning at the front gates

ASVAB

The ASVAB will be offered on Monday, October 5th after school! If you are considering joining the Military or are interested in taking a Career Aptitude Test, sign up for the ASVAB. If you already signed up, please be aware that the date changed from Monday, October 12th to the 5th. If you are unable to take this due to sports practice or another conflict, you can sign up for the October 21st ASVAB, which will be offered during 1st and 2nd period.

SENIORS INTERESTED IN LEWIS & CLARK!

A rep from the school will be in the area the weekend of October 17 and 18. Any interested seniors should sign up for an interview – it is a good opportunity to meet with an admissions counselor, discuss your interest in Lewis & Clark, and talk about any questions you might have about the college or the application process. To set up an interview, call their office at 800-444-4111 or 503-768-7040. See Ms. Goudy if you have any questions!

SCHOLARSHIP OPPORTUNITY!

If you plan to be Journalism, Political Science, or Governmental Studies major, check out this scholarship on anhscandcenter.wordpress.com or see Ms. Goudy for details! Due by Wednesday, September 30th!

AP COMPUTER SCIENCE AT ANTELOPE HIGH

Earn college credit in Computer Science! Learn Java!

Our school is offering the AP Computer Science course **to any student that wishes to sign up**. The course is open now and closes May 3, 2016. Students can sign up anytime between now and January 10, 2016 and still complete the course and take the AP test. This is an online course and students who successfully complete the course have an excellent chance of passing the AP Exam!

It is highly recommended that students have at least two high school math classes completed prior to taking this AP class. **For more information, contact Mr. Stinson.**

TECH TEENS

High school students have the opportunity to participate in an exciting new program. If you have interest in technology, CSI, 911 dispatch, SWAT tools and tactics and a lot more head over and get connected. It will be held every Wednesday October 7th – November 11th at 110 Corporation Yard Road, Roseville, CA. Call and sign up at 916-772-7725. Only 28 slots open so don't wait.

HOMECOMING DANCE

Attention Titans! Tickets to the Mad Hatter Tea Party Homecoming Dance will be going on sale soon and will be sold at Student Services and in the Student Store during both lunches. Homecoming is Friday, October 2nd from 9-11 pm in the cafeteria. Ticket sales are as follows:

9/28-10/1 \$8 with ASB and \$10 without

Tickets will not be sold during school, Friday, October 2nd

\$10 at the door Friday October 2

Ticket and School ID must be present at dance check-in

ANTELOPE LEARNING LAB

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

SENIORS: SCHEDULE YOUR SENIOR PORTRAIT ASAP

Attention Seniors of 2016! Make sure you take your senior portraits at Prestige Portraits studio in either Elk Grove or Citrus Heights by Oct. 1. Failure to do so may result in your senior portrait not appearing in the yearbook. So don't hesitate and visit their website at www.prestigeportraits.com to book an appointment! Do it today. Do it now. Right now.



Home of the Titans



Weekly Athletic Schedule Fall 2015-16 September 28 to October 3

DATE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME	SPORT	LEVEL
Sep 28	Mon	5:30 PM	Bella Vista	Bella Vista	N/A	TBA	Soccer	JV
Sep 28	Mon	4:00 PM	Bella Vista	Bella Vista	2:00 PM		Soccer	VAR
Sep 29	Tues	4:00 PM	Bella Vista	Antelope	2:20pm		Polo-Boys	VAR
Sep 29	Tues	5:00pm	Bella Vista	Antelope	2:20pm		Polo-Girls	VAR
Sep 29	Tue	3:30 PM	Whitney	Antelope	2:20 PM		Tennis- Girls	Both
Sep 29	Tues	4:00 PM	Del Campo	Del Campo	n/a	n/a	Volleyball-Girls	Frosh
Sep 29	Tues	5:00 PM	Del Campo	Del Campo	n/a	n/a	Volleyball-Girls	JV
Sep 29	Tues	6:00 PM	Del Campo	Del Campo	n/a	n/a	Volleyball-Girls	VAR
Sep 30	Wed	3:30 PM	Bella Vista	Bella Vista	2:00 PM		Tennis- Girls	Both
Sep 30	Wedn	4:00 PM	CVC League Meet #1	Roseville- Maidu Park	2:15 PM	2:30 PM	Cross Country	VAR
Sep 30	Wed	5:30 PM	Whitney	Antelope	N/A	TBA	Soccer	JV
Sep 30	Wed	4:00 PM	Whitney	Antelope			Soccer	VAR
Oct 1	Thur	5:30 PM	Oakmont	Antelope	N/A	N/A	Football	Frosh
Oct 1	Thurs	5:00 PM	Whitney	Whitney	2:20pm		Polo-Boys	VAR
Oct 1	Thurs	4:00pm	Whitney	Whitney	2:20pm		Polo-Girls	VAR
Oct 1	Thu	3:30 PM	Ponderosa	Antelope	2:20 PM		Tennis- Girls	Both
Oct 1	Thurs	4:00 PM	Bella Vista	Bella Vista	n/a	n/a	Volleyball-Girls	Frosh
Oct 1	Thurs	5:00 PM	Bella Vista	Bella Vista	n/a	n/a	Volleyball-Girls	JV
Oct 1	Thurs	6:00 PM	Bella Vista	Bella Vista	n/a	n/a	Volleyball-Girls	VAR
Oct 2	Fri	7:15 PM	Oakmont	Antelope	NA		Football	VAR
Oct 2	Fri	5:00 PM	Oakmont	Antelope	NA		Football	JV
Oct 3	Sat	9:30 PM	Wildfire Invitational	Forresthill HS	NA	7:00 AM	Cross Country	VAR