



Antelope High School Student Bulletin



November 9, 2015

Quote of the day: "Nothing is more despicable than respect based on fear."

Albert Camus

CHEER

Congrats to our Titan competitive cheer squad. They took first place this past weekend in their competition.

FOOTBALL

A huge shout out to our Varsity football players for having a perfect 10-0 season. Come out this Friday and cheer them on as they Play West High School on our home field.

TALENT SHOW

The National Honors Society Talent Show *Hollywood: A Night with the Stars* is on November 18th from 6:30-8:30 PM in the Cafeteria. It is in support of Foster Care to Success and features many talented acts including Madisen Carter, Cameron Yuki, Red Lotus Dance Crew, Guppy V & J and many more!!!

SPEECH AND DEBATE

Taste of Tuscany, our own local Italian food mecca, is hosting a fundraiser for Speech and Debate on Tuesday, November 10th. Go anytime that day and mention our program when you order to help raise funds for our tournaments next spring. Taste of Tuscany - anytime on Tuesday, November 10th.

If you want to see the Speech team in action, join us as we host the local league here at Antelope HS on Saturday, November 14th. 200+ competitors from 17+ schools will be participating. Add to the mix 50+ Titans and it is guaranteed to be an amazing tournament. Laugh, cry and support your fellow Titans right here at AHS.

BASEBALL

Winter workouts for all potential baseball players starts today at 3:15. Meet in the weight room. Even if you have weight lifting class please attend for information about winter workouts and spring plans.

VOLUNTEER OPPORTUNITY

Need volunteer hours? Volunteer at the Friends of Sac Library Book Sale this weekend! See www.anhscandcenter.wordpress.com or Ms. Goudy for more details!

INTERESTED IN NURSING?

Are you interested in Nursing and want to hear more about the Career? Come to the Nursing Career Talk on Monday, December 7th after school! Sign up in the Career Center or by emailing Ms. Goudy!

GIRLS BASKETBALL

Girls' basketball tryouts will be Tuesday, November 10th. Freshman and Sophomore 4:00 and Varsity 5:00. All players must have a copy of their stamped Athletic Packet that is to be turned in to the front office prior to the tryout dates.

MENS BASKETBALL

Men's Basketball Tryouts begin today. Frosh at 6pm, JV at 5pm, & Varsity at 3pm

All players must have a copy of their stamped Athletic Packet that is to be turned in to the front office prior to the tryout dates.

ROCKS

Interested in playing rocks? Pick up a sign up sheet starting in the student store or at the front office with Mrs. Hardy. Packets are due November 9th with each team's full payment. Any questions please contact Russell Steinardt at 916-495-8427.

CANNED FOOD DRIVE

The KCRA3 Canned Food Drive will be held from October 23rd through November 13th. Boxes will be placed in 1st period classes and all non-perishable food items will be accepted. The class that brings in the most non-perishable food items will win a doughnut party. A separate competition will be held on Thursday, November 19th which will be called "Can Castles" in which all clubs will be entered to build a "castle" out of donated cans that the club will bring in. The building will take place during intervention, and the judging will take place during lunch. The winning club will be granted a pizza party. Make sure to support for a good cause!

HEY SENIORS:

Counselors will be in the career center and computer lab L111 during Intervention every Tuesday and Thursday – starting Thursday, October 27th through November 19th. Come in, grab a computer, and complete your college applications. Remember: We *highly* recommend a counselor looks at your application *before* you hit submit!

STUDENT STORE

Attention Titans! Just a reminder that the Student Store is open every Monday, Wednesday, and Friday during both lunches. Keep an eye out for new apparel coming soon!

AP COMPUTER SCIENCE AT ANTELOPE HIGH

Earn college credit in Computer Science! Learn Java!

Our school is offering the AP Computer Science course **to any student that wishes to sign up**. The course is open now and closes May 3, 2016. Students can sign up anytime between now and January 10, 2016 and still complete the course and take the AP test. This is an online course and students who successfully complete the course have an excellent chance of passing the AP Exam!

It is highly recommended that students have at least two high school math classes completed prior to taking this AP class. **For more information, contact Mr. Stinson.**

ANTELOPE LEARNING LAB

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

ATTENTION ALL ADVANCED PLACEMENT STUDENTS!

You may sign up for your AP Course exam that will be given in May. The testing schedule is on the web site and posted in the window of the Assistant Principal's office.

To order the proper number of tests from the College Board it will be necessary for you to sign up as soon as possible. The cost is \$92 for each exam taken.

Students that qualify for free and reduced lunch may apply for a student fee reduction, but a form must be filled out and submitted for approval. Forms may be picked up from Mrs. Odd in the Assistant Principals' office, and returned there as well for approval.

The deadline to sign up for all exams including having your fee reduction forms turned in is Monday, March 28th – NO EXCEPTIONS.

If you have questions, please see Mr. Smith in the Assistant Principals' office or call 916-726-1400 ext. 6060.

AP TEST DATES

May 2 - Environmental Science - Cafeteria – 8:00 AM

May 2 - Chemistry - Library – 8:00 AM

May 2 – Psychology - Library – 12 PM

May 3 – Computer Science – Front Conference Room - 8:00 AM

May 3 – Spanish Language – L111 - 8:00 AM

May 3 – Physics 1 – Library - 12:00 PM

May 4 - English Literature & Comp - Cafeteria - 8:00 AM

May 5 - Calc AB & BC - Library - 8:00 AM

May 6 - US History - Cafeteria - 8:00 AM

May 6 - European History - Cafeteria - 12:00 PM

May 9 - Biology - Library - 8:00 AM

May 10 - US Government - Cafeteria - 8:00 AM

May 11 – Lang & Comp - Cafeteria - 8:00 AM

May 12 - Statistics - Cafeteria – 12 PM

May 13 – Human Geography – Library- 8:00 AM