



## *Antelope High School Student Bulletin*



*January 29, 2016*

*Quote of the day:* "Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset."

Saint Francis de Sales

### **CONGRATULATIONS!**

To Gabriella Macias for being selected as one of six finalists for the Elks Lodge Most Valuable Student Scholarship! Furthermore, Gabby will move on to the state level competition as one of only three students in the district and compete with students from all over California! Congrats Gabby!

### **TRACK**

If you are interested in track and field, don't miss the meeting Tuesday, February 2<sup>nd</sup> during both lunches in the small gym.

### **DIVING**

"Do you love water and enjoy flipping around? Diving season begins soon. Our first practice will be Monday February 8th @ 6pm at the Oakmont Pool.

Please make sure you have all the necessary paperwork turned in and are cleared for sports. Any questions please feel free to contact Coach Erica by email: [egstricker@att.net](mailto:egstricker@att.net) "

### **SWIM**

The first day of swim practice is Friday, February, 5th right after school. Make sure you have your physical prior to practice.

### **2016 CAP & GOWN ORDER INSTRUCTIONS**

Attention Senior Class of 2016, the deadline to purchase or borrow your cap & gown is February 26<sup>th</sup>. It is important that you use the website listed below to place your order.

If you plan on borrowing a cap & gown, you can pick up the Borrowed Item Agreement form in the front office. The completed form must be faxed to Jostens at 916-989-3920.

If you have any questions regarding the ordering process please contact our Jostens representative via the information below.

Jostens – Ken & Lori Caldeira

To place all graduation orders: [www.jostensnorcal.com](http://www.jostensnorcal.com)

To contact via email: [customerservice@jostensnorcal.com](mailto:customerservice@jostensnorcal.com)

To contact via phone: 916-989-3909

## **COMMUNITY SERVICE HOURS**

Are you in need of some community service hours and a fluent speaker in another language? Come out to this Thursday's meeting in Mrs. Cook's room (counselor) to find out more about the upcoming school events where fluent speakers will be needed. Contact Ludmila Nicov or Mrs. Cook for any more information.

## **ATTENTION JUNIORS**

Junior prom is Saturday, March 19th from 8:00-11:00. The theme is Black Jack Ball. guest passes will be available for \$10 and must be turned in by 3:30 pm, March 9th. There will be game tables, photo booth & more!

We hope to see you there! Ticket prices are as follows:

Feb 11/12 \$20 w/ASB \$22 without \$38 couple

Feb 15-19 \$25 w/ASB \$28 without \$48 couple

Feb 22-26 \$30 w/ASB \$33 without \$58 couple

Feb 29-Mar 4 \$35 w/ASB \$38 without \$68 couple

Mar 7-11 \$40 w/ASB \$43 without \$78 couple

Mar 14-18 \$45 w/ASB \$48 without \$88 couple

\$50 at the door day of prom`

## **SPEECH AND DEBATE**

Congrats to the Speech and Debate team for their performances at the qualifying tournament for one of the two national leagues in which Antelope HS competes. Jack Yanos qualified to attend the Grand National Tournament for both Original Oratory and Extemporaneous speaking! Other Titans who performed quite well include Alana Cox, Tyler Anderson, Kim Weaver and Karam Singh.

Next Saturday's tournament is at GBHS. Swing by L201 to look at the current sign-ups or just join us at the meeting on Thursday after school.

## **SEAL OF BILITERACY:**

Applications for the Seal of BiLiteracy are available from Sra. Quinonez or Mrs. Cook. If you think you might qualify for this recognition, stop by and pick up an application. Applications are due **MARCH 11, 2016 by 3:00pm – NO EXCEPTIONS!!!!**

## **WINTER SPORT PICTURE DAY**

Winter sport picture day will be February 4th

330 - Wrestling

400 - Girls Frosh

415- Girls JV

430 - Boys JV

445 - Boys Varsity

500 - Boys Frosh

515 - Girls Varsity

## **THE BLACK TIE AFFAIR DANCE**

Winter ball is coming up on Saturday, January 30th from 8:00-10:30pm. Tickets can be purchased at student services with Mrs. Carroll or any day at the student store in the cafeteria during both lunches.

Ticket Prices:

Jan. 25-29: \$16 w/ ASB \$18 w/o ASB Jan. 30 (at the door): \$20

## **STUDENT STORE**

Attention Titans! Just a reminder that the Student Store is open every Monday, Wednesday, and Friday during both lunches. Keep an eye out for new apparel coming soon!

## **AP COMPUTER SCIENCE AT ANTELOPE HIGH**

**Earn college credit in Computer Science! Learn Java!**

Our school is offering the AP Computer Science course to any student that wishes to sign up. The course is open now and closes May 3, 2016. Students can sign up anytime between now and January 10, 2016 and still complete the course and take the AP test. This is an online course and students who successfully complete the course have an excellent chance of passing the AP Exam!

It is highly recommended that students have at least two high school math classes completed prior to taking this AP class. **For more information, contact Mr. Stinson.**

## **ANTELOPE LEARNING LAB**

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

## **ATTENTION ALL ADVANCED PLACEMENT STUDENTS!**

You may sign up for your AP Course exam that will be given in May. The testing schedule is on the web site and posted in the window of the Assistant Principal's office.

To order the proper number of tests from the College Board it will be necessary for you to sign up as soon as possible. The cost is \$92 for each exam taken.

Students that qualify for free and reduced lunch may apply for a student fee reduction, but a form must be filled out and submitted for approval. Forms may be picked up from Mrs. Odd in the Assistant Principals' office, and returned there as well for approval.

The deadline to sign up for all exams including having your fee reduction forms turned in is Monday, March 28th – NO EXCEPTIONS.

If you have questions, please see Mr. Fernandes in the Assistant Principals' office or call 916-726-1400 ext. 6060.

## **AP TEST DATES**

May 2 - Environmental Science - Cafeteria – 8:00 AM  
 May 2 - Chemistry - Library – 8:00 AM  
 May 2 – Psychology - Library – 12 PM  
 May 3 – Computer Science – Front Conference Room - 8:00 AM  
 May 3 – Spanish Language – L111 - 8:00 AM  
 May 3 – Physics 1 – Library - 12:00 PM  
 May 4 - English Literature & Comp - Cafeteria - 8:00 AM  
 May 5 - Calc AB & BC - Library - 8:00 AM  
 May 6 - US History - Cafeteria - 8:00 AM  
 May 6 - European History - Cafeteria - 12:00 PM  
 May 9 - Biology - Library - 8:00 AM  
 May 10 - US Government - Cafeteria - 8:00 AM  
 May 11 – Lang & Comp - Cafeteria - 8:00 AM  
 May 12 - Statistics - Cafeteria – 12 PM  
 May 13 – Human Geography – Library- 8:00 AM



## **ATHLETIC DEPARTMENT**

*Home of the Titans*



### **Weekly Athletic Schedule Winter 2015-16 January 25 to January 30**

DATE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME	SPORT	LEVEL
Jan 26	Tue	4:00 PM	Whitney	Whitney	TBA	TBA	Basketball-Girls	Frosh
Jan 26	Tue	5:30 PM	Whitney	Whitney	TBA	TBA	Basketball-Girls	JV
Jan 26	Tue	7:00 PM	Whitney	Whitney	TBA	TBA	Basketball-Girls	VAR
Jan 26	Tues	6:00 PM	Bella Vista	Bella Vista	TBA	TBA	Wrestling	JV
Jan 26	Tues	7:00 PM	Bella Vista	Bella Vista	TBA	TBA	Wrestling	VAR
Jan 27	Wed	4:00pm	Whitney	Antelope HS	TBA	TBA	Basketball-Boys	Frosh
Jan 27	Wed	5:30pm	Whitney	Antelope HS	TBA	TBA	Basketball-Boys	JV
Jan 27	Wed	7:00pm	Whitney	Antelope HS	TBA	TBA	Basketball-Boys	VAR
Jan 29	Fri	4:00pm	Pondersosa	Antelope HS	TBA	TBA	Basketball-Boys	Frosh
Jan 29	Fri	5:30pm	Pondersosa	Antelope HS	TBA	TBA	Basketball-Boys	JV
Jan 29	Fri	7:00pm	Pondersosa	Antelope HS	TBA	TBA	Basketball-Boys	VAR
Jan 29	Fri	4:00 PM	Antelope	Ponderosa	TBA	TBA	Basketball-Girls	Frosh
Jan 29	Fri	5:30 PM	Antelope	Ponderosa	TBA	TBA	Basketball-Girls	JV
Jan 29	Fri	7:00 PM	Antelope	Ponderosa	TBA	TBA	Basketball-Girls	VAR