



Antelope High School Student Bulletin



March 31, 2016

Quote of the day: "Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma - which is living with the results of other people's thinking. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition."

Steve Jobs

ATTENTION AP ENVIRONMENTAL SCIENCE TEST TAKERS:

Review sessions for the AP test have already started! Student-led review sessions are Mondays from 1:45-3pm in the library with Professors Reehal, Phillips, and Glover. Group review sessions with Rodriguez begin next week; Wednesdays at 2:45pm in S101. Make sure to bring your AP Test review book to all review sessions. If you do not have one yet, stop by S101 to get one!

LINK CREW

Sophomores and Juniors, are you interested in having fun, meeting new people, and being kind to freshmen? If so, LINK crew is the place for you! Applications are available online now and are DUE THURSDAY at 2:30! No late applications will be accepted! Go to google classroom and enter class code ZWEEET (three e's!). The application takes less than 5 minutes! Mrs. Carter will have chrome books available during intervention today and tomorrow in L205 for anyone who wants to apply

SPEECH AND DEBATE

Congrats to Chloe Low and Mitchell Laube for winning the first round of the Optimist's Club Speech Competition on the first Saturday of Spring Break. They continued to work over the break and competed in the second round of competition as well. For their efforts each Titan earned \$75 as they answered the question: "How My Best Brings Out the Best in Others."

Those students who wish to compete in the National Qualifying Tournament this weekend need to see Parris in L201 immediately after school today or first thing tomorrow morning in order to confirm their eligibility and event.

SENIORS!!!

Do you want to be featured in the class of 2016 senior slide show? Send in any pictures from the past four years to antelopesweetsixteen@gmail.com

SCHOLARSHIP AVAILABLE!

Hey Seniors, don't forget to keep looking for and applying to scholarships! Here's a new one: Association of California School Administrators Scholarship – there are several categories, including one for students who have a parent who is an ASCA Member, and students who intend to work in education. Check out www.anhscandcenter.wordpress.com or see Ms. Goudy for details!

SIERRA COLLEGE ASSESSMENT TEST

Are you going to Sierra College? Do you need to take the Assessment Test? We are testing here at Antelope! See Ms. Goudy to schedule an appointment.

SENIOR BALL

(if you have completed your finance course)

March 28-April 8 \$65 w/ASB \$70 without

April 11-15 \$75 w/ASB \$80 without

April 18-22 \$80 w/ASB \$85 without

TICKETS WILL NOT BE SOLD AT THE DOOR

SENIORS

For more information on Sober Grad Night join the Remind101! Text @sobergradn to 81010 or have your parents sign up by texting @sgn to 81010

DRESS CODE REMINDER:

Antelope students. Our administrative team would like to cordially remind you about a few things that we have been seeing on campus that are against dress code:

Baseball caps that are NOT official Antelope hats are not allowed to be worn on campus.

Any sports jerseys or beanies are not allowed to be worn on campus.

Pants with gaping holes above the knees are not to be worn on campus.

We are going to be proactive in making sure our students are following our dress code expectations. If you need further clarification, please read through the Student Handbook that is posted online. If you have any questions, please see an administrator at the front office. Remember, there is always a reason why expectations are put in place; they are not just random ideas we come up with to make students upset.

PERSONAL FINANCE COURSE AND SENIOR BALL

Senior Ball tickets are on sale. Seniors will not be sold senior ball tickets until they have successfully completed the RJUHSD Personal Finance course. For seniors, the computer lab will be opened during Intervention, the library is available every day, and computers will be available during SBAC testing.

The class takes 10hrs to complete and this will give the students 7 more weeks to complete the course if they wish to go to Senior Ball. The quicker they complete, the cheaper the Senior Ball tickets are as well.

STUDENT STORE

Attention Titans! Just a reminder that the Student Store is open every Monday, Wednesday, and Friday during both lunches. Keep an eye out for new apparel coming soon!

ANTELOPE LEARNING LAB

Antelope Learning Lab (ALL): Do you need help with homework? A quiet place to work? Access to technology? Tutoring? ALL of the above?! Then come to the Antelope Learning Lab (ALL), offered Tuesday, Wednesday, and Thursday from 2:45-4:30 pm in the Library. This free service is available to ALL students, especially those who need academic support and/or English language development support. Please contact Ms. Raatz in the library for more information.

AP TEST DATES

May 2 - Environmental Science - Cafeteria – 8:00 AM
May 2 - Chemistry - Library – 8:00 AM
May 2 – Psychology - Library – 12 PM
May 3 – Computer Science – Front Conference Room - 8:00 AM
May 3 – Spanish Language – L111 - 8:00 AM
May 3 – Physics 1 – Library - 12:00 PM
May 4 - English Literature & Comp - Cafeteria - 8:00 AM
May 5 - Calc AB & BC - Library - 8:00 AM
May 6 - US History - Cafeteria - 8:00 AM
May 6 - European History - Cafeteria - 12:00 PM
May 9 - Biology - Library - 8:00 AM
May 10 - US Government - Cafeteria - 8:00 AM
May 11 – Lang & Comp - Cafeteria - 8:00 AM
May 12 - Statistics - Cafeteria – 12 PM
May 13 – Human Geography – Library- 8:00 AM

Weekly Athletic Schedule Spring 2015-16 March 21 to April 2; Page #1

TE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME	SPORT	LEVEL
21	MON	9:30AM	FOLSOM	FOLSOM HS	n/a	n/a	Baseball	JV
21	MON	12:30PM	LAGUNA CREEK	FOLSOM HS	n/a	n/a	Baseball	JV
21	MON	9:30AM	FOLSOM	FOLSOM HS	n/a	n/a	Baseball	Varsity
21	MON	12:30PM	LAGUNA CREEK	FOLSOM HS	n/a	n/a	Baseball	Varsity
22	TUES	TBA	TBA	VISTA DEL LAGO	n/a	n/a	Baseball	JV
22	TUES	TBA	TBA	VISTA DEL LAGO	n/a	n/a	Baseball	Varsity
23	WED	TBA	TBA	VISTA DEL LAGO	n/a	n/a	Baseball	JV
23	WED	TBA	TBA	TBA	n/a	n/a	Baseball	Varsity
28	MON	4:00PM	OAKMONT	OAKMONT	NA	NA	Baseball	Frosh
28	MON	4:00PM	OAKMONT	ANTELOPE	n/a	n/a	Baseball	JV
28	MON	4:00PM	OAKMONT	ANTELOPE	NA	NA	Baseball	Varsity
28	Mon	3:30 PM	Whitney	Woodcreek Oaks	n/a	n/a	Golf-Boys	JV
29	Tues	3:15 PM	Del Campo	D.C.	n/a	n/a	Golf- Boys	VAR
29	Tues	4pm	Oakmont*	Antelope	NA	NA	Softball	JV
29	Tues	4pm	Oakmont*	Antelope	NA	NA	Softball	Varsity
29	Tue	3:30 PM	Whitney	Antelope	2:20 PM		Tennis	Both
29	Tue	5:00 PM	Cosumnes Oaks	Cosumnes Oaks	n/a	3:15 PM	Volleyball-Boys	JV
29	Tue	6:00 PM	Cosumnes Oaks	Cosumnes Oaks	n/a	3:15 PM	Volleyball-Boys	Varsity

Weekly Athletic Schedule Spring 2015-16 March 21 to April 2; Page #2

TE	DAY	GAME TIME	OPPONENT	LOCATION	RELEASE TIME	BUS TIME	SPORT	LEVEL
30	WED	4:00PM	OAKMONT	ANTELOPE	NA	NA	Baseball	Frosh
30	WED	4:00PM	OAKMONT	OAKMONT	n/a	n/a	Baseball	JV
30	WED	4:00PM	OAKMONT	OAKMONT	NA	NA	Baseball	Varsity
30	Wed	3:30 PM	Ponderosa	Woodcreek Oaks	n/a	n/a	Golf-Boys	JV
31	Thurs	3:15 PM	Bella Vista	B.V.	n/a	n/a	Golf- Boys	VAR
31	Thurs	4:00 PM	Consumnes Oaks	Consumnes Oaks	None	None	Soccer- Girls	Frosh
31	Thurs	4:00 PM	Consumnes Oaks	Consumnes Oaks	145pm	2pm	Soccer- Girls	JV
31	Thurs	6:00 PM	Consumnes Oaks	Consumnes Oaks	None	None	Soccer- Girls	VAR
31	Thur	4pm	Roseville*	Antelope	NA	NA	Softball	JV
31	Thur	4pm	Roseville*	Antelope	NA	NA	Softball	Varsity
31	Thurs	4:00pm	Cosumnes Oaks	Cosumnes Oaks	1:45pm	2:00pm	Swimming	Both
31	Thu	3:30 PM	Ponderosa	Antelope	2:20 PM		Tennis	Both
31	Thur	5:00 PM	Del Campo	Antelope	n/a	n/a	Volleyball-Boys	JV
31	Thur	6:00 PM	Del Campo	Antelope	n/a	n/a	Volleyball-Boys	Varsity
r 1	FRI	4:00PM	OAKMONT	OAKMONT	NA	NA	Baseball	Frosh
r 1	FRI	4:00PM	OAKMONT	ANTELOPE	n/a	n/a	Baseball	JV
r 1	FRI	4:00PM	OAKMONT	ANTELOPE	NA	NA	Baseball	Varsity